

# COUNSELING CENTER

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The Counseling Center is staffed by licensed mental health professionals, including psychologists and clinical social workers, who all specialize in working with young adults and have a wealth of experience in college mental health. We understand the unique challenges faced by Pratt students, and we appreciate the demands of negotiating a challenging art and academic curriculum.

The Counseling Center provides currently enrolled Pratt students confidential and free individual and group psychotherapy, assessment, consultation, and referrals to outside providers. Through our partnership with Health Services, students who have been prescribed psychiatric medications can receive interim medication management or referrals to an outside psychiatrist.

We also have a College Recovery Community called Clean Cats. This program is for any student who is in recovery from addiction or pursuing recovery from alcohol, drugs, or some other type of addictive behavior. Please reach out to Jernee Montoya, Coordinator of Clinical AOD Services, for more information. You can also follow Clean Cats on Instagram at @PrattCRC (<https://www.instagram.com/prattcrc/>).

The Counseling Center is open from 9 AM to 5 PM Monday through Friday and typically sees students on an appointment basis. In the case of a mental health emergency during regular business hours, students should contact the Counseling Center at 718.687.5356 for assistance. If the Counseling Center is closed, students should notify Campus Security at 718.636.3540 or call 911. For 24/7 assistance, students should call 1-888-NYC-WELL for confidential and free mental health support.

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