## ART THERAPY AND <br> CREATIVITY DEVELOPMENT, MPS

## THE PROGRAM'S STRUCTURE

Both the MPS in Art Therapy and Creativity Development and MS in Dance/Movement Therapy Master's are 60 -credit programs providing a synthesis of creative, aesthetic, and psychotherapeutic theory. Courses offer a thorough theoretical framework that is translated into personal and practical application through an experiential process. Artwork and/ or movement is done in every course and is used to learn therapeutic skills. Students focus on a wide variety of populations and are required to work with a different population for each of the two years of fieldwork/ internship/practicum. Both programs are for students who want a broad body of skills, balanced with a strong theoretical framework.

## ACADEMIC-YEAR FORMAT

The academic year format offers classes in a traditional manner, with classes in fall and spring semesters, for 15 weeks each semester. The cycle of classes is as follows: students take courses and fieldwork/ practicum/internship from September through May for two consecutive years. Students in the low residency format are admitted for the spring semester only.

| Course | Title | Credits |
| :--- | :--- | ---: |
| Semester 1 |  | 3 |
| ADT-641 | Creative Arts Therapy I | 3 |
| ADT-645 | Group Creative Arts Therapy I | 3 |
| TECH-634 | Materials in Creative Art Therapy | 2 |
| ADT-661 | Beginning Professional Practice and <br> Clinical Supervision | 3 |
| ADT-677 | Clinical Assessment and Treatment <br> Planning | $\mathbf{1 4}$ |

## Semester 2

| ADT-640 | Development Of Personality I | 3 |
| :--- | :--- | ---: |
| ADT-647 | Art Diagnosis | 3 |
| ADT-632 | Research and Thesis | 3 |
| ADT-662 | Professional Practice and Clinical | 2 |
| ADT-642 | Creative Arts Therapy II | $\mathbf{3}$ |
|  | Credits | $\mathbf{1 4}$ |

## Semester 3

| ADT-630 | Clinical Diagnosis, Assessment and | 3 |
| :--- | :--- | ---: |
| ADT-649 | Treatment |  |
| ADT-688 | Advanced Seminar in Art Therapy I | 3 |
| ADT-655 | Family Art Therapy | 3 |
| ADT-663 | Development of Personality II | 3 |
|  | Professional Ethics and Clinical | 3 |
| ADT-635 | Supervision | $\mathbf{3}$ |
|  | Art Therapy Open Studio | $\mathbf{1 8}$ |


| Semester 4 |  |  |
| :--- | :--- | ---: |
| ADT-643 | Expressive Modalities I | 3 |
| ADT-646 | Group Creative Arts Therapy II | 3 |
| ADT-650 | Advanced Seminar in Art Therapy II | 3 |
| ADT-660 | Cultural Competency and Social Justice <br> Issues in Creative Arts Therapy Practice | 3 |
| ADT-664 | Professional Identity and Clinical <br> Supervision | $\mathbf{2}$ |
|  | Credits | $\mathbf{1 4}$ |
|  | Total Credits | $\mathbf{6 0}$ |

*ADT-645P Open Art Studio

- Students will be able to identify and utilize their own internal processes in service of therapeutic interventions.
- Students will comprehend and apply creative and aesthetic processes in the context of creative arts therapy theory and practice.
- Students will be able to establish a therapeutic relationship using imagery, movement, symbolization, and verbalization; and recognize shifts within that developing relationship.
- Students will be able to demonstrate knowledge of psychodynamic theory within the context of creative arts therapy practice in the service of diagnosis, treatment, and ongoing evaluation.
- Students will be able to articulate clinical theory and applied practice through writing, research, oral presentation, and professional advocacy across broad interdisciplinary communities.
- Students will be able to apply ethical and professional codes of practice as they apply to clinical practices, communities, and self.
- Students will be able to understand the intersectionality of power, privilege, and oppression as they apply to clinical practices, communities and self.

