

# ART THERAPY AND CREATIVITY DEVELOPMENT, MPS

## THE PROGRAM'S STRUCTURE

Both the MPS in Art Therapy and Creativity Development and MS in Dance/Movement Therapy Master's are 60-credit programs providing a synthesis of creative, aesthetic, and psychotherapeutic theory. Courses offer a thorough theoretical framework that is translated into personal and practical application through an experiential process. Artwork and/or movement is done in every course and is used to learn therapeutic skills. Students focus on a wide variety of populations and are required to work with a different population for each of the two years of fieldwork/internship/practicum. Both programs are for students who want a broad body of skills, balanced with a strong theoretical framework.

### ACADEMIC-YEAR FORMAT

The academic year format offers classes in a traditional manner, with classes in fall and spring semesters, for 15 weeks each semester. The cycle of classes is as follows: students take courses and fieldwork/practicum/internship from September through May for two consecutive years. Students in the low residency format are admitted for the spring semester only.

Course	Title	Credits
<b>Semester 1</b>		
ADT-641	Creative Arts Therapy I	3
ADT-645	Group Creative Arts Therapy I	3
TECH-634	Materials in Creative Art Therapy	3
ADT-661	Beginning Professional Practice and Clinical Supervision	2
ADT-677	Clinical Assessment and Treatment Planning	3
<b>Credits</b>		<b>14</b>
<b>Semester 2</b>		
ADT-640	Development Of Personality I	3
ADT-647	Art Diagnosis	3
ADT-632	Research and Thesis	3
ADT-662	Professional Practice and Clinical Supervision	2
ADT-642	Creative Arts Therapy II	3
<b>Credits</b>		<b>14</b>
<b>Semester 3</b>		
ADT-630	Clinical Diagnosis, Assessment and Treatment	3
ADT-649	Advanced Seminar in Art Therapy I	3
ADT-688	Family Art Therapy	3
ADT-655	Development of Personality II	3
ADT-663	Professional Ethics and Clinical Supervision	3
ADT-635	Art Therapy Open Studio	3
<b>Credits</b>		<b>18</b>

### Semester 4

ADT-643	Expressive Modalities I	3
ADT-646	Group Creative Arts Therapy II	3
ADT-650	Advanced Seminar in Art Therapy II	3
ADT-660	Cultural Competency and Social Justice Issues in Creative Arts Therapy Practice	3
ADT-664	Professional Identity and Clinical Supervision	2
<b>Credits</b>		<b>14</b>
<b>Total Credits</b>		<b>60</b>

- Students will be able to identify and utilize their own internal processes in service of therapeutic interventions.
- Students will comprehend and apply creative and aesthetic processes in the context of creative arts therapy theory and practice.
- Students will be able to establish a therapeutic relationship using imagery, movement, symbolization, and verbalization; and recognize shifts within that developing relationship.
- Students will be able to demonstrate knowledge of psychodynamic theory within the context of creative arts therapy practice in the service of diagnosis, treatment, and ongoing evaluation.
- Students will be able to articulate clinical theory and applied practice through writing, research, oral presentation, and professional advocacy across broad interdisciplinary communities.
- Students will be able to apply ethical and professional codes of practice as they apply to clinical practices, communities, and self.
- Students will be able to understand the intersectionality of power, privilege, and oppression as they apply to clinical practices, communities and self.