

# ART THERAPY AND CREATIVITY DEVELOPMENT, MPS, LOW RESIDENCY PROGRAM

## THE PROGRAM'S STRUCTURE

Both the MPS in Art Therapy and Creativity Development and MS in Dance/Movement Therapy Master's are 60-credit programs providing a synthesis of creative, aesthetic, and psychotherapeutic theory. Courses offer a thorough theoretical framework that is translated into personal and practical application through an experiential process. Artwork and/or movement is done in every course and is used to learn therapeutic skills. Students focus on a wide variety of populations and are required to work with a different population for each of the two years of fieldwork/internship/practicum. Both programs are for students who want a broad body of skills, balanced with a strong theoretical framework.

## LOW-RESIDENCY FORMAT

The low residency format is an innovative educational program based on a low residency adult-learning model. The program is designed for those students who do not live near or are otherwise unable to engage in a traditional master's degree format.

Students in the low residency format are admitted for the spring semester only.

The cycle of classes is as follows: in March, the students take two, 3 credit classes over 9 days; in June they take two, 3 credit classes over 9 days of classes with a weekend break followed by three weeks of classes which run Monday–Friday. Students generally complete reading assignments before classes and then complete their papers after classes are over, giving them a chance to integrate class experience with readings and fieldwork/practicum/internship experience. Two years of fieldwork/internship (dance/movement therapy) or practicum (art therapy) are done from September through May following the first and second year of summer classes. Supervision is completed through weekly online contact, as well as an active online forum that keeps low residency students consistently in touch with Pratt faculty and one another. Housing is available on campus. The low residency format is offered to both art and dance/movement therapy students. The low residency program is not considered full-time. Therefore, international students will be ineligible for F–1 visas.

Course	Title	Credits
<b>Semester 1</b>		
ADT-641	Creative Arts Therapy I	3
ADT-640	Development Of Personality I	3
<b>Credits</b>		<b>6</b>
<b>Semester 2</b>		
ADT-660	Cultural Competency and Social Justice Issues in Creative Arts Therapy Practice	3
ADT-645	Group Creative Arts Therapy I	3
TECH-634	Materials in Creative Art Therapy	3
ADT-642	Creative Arts Therapy II	3

ADT-635	Art Therapy Open Studio	3
<b>Credits</b>		<b>15</b>
<b>Semester 3</b>		
ADT-661	Beginning Professional Practice and Clinical Supervision	2
<b>Credits</b>		<b>2</b>
<b>Semester 4</b>		
ADT-662	Professional Practice and Clinical Supervision	2
ADT-630	Clinical Diagnosis, Assessment and Treatment	3
ADT-677	Clinical Assessment and Treatment Planning	3
<b>Credits</b>		<b>8</b>
<b>Semester 5</b>		
ADT-655	Development of Personality II	3
ADT-647	Art Diagnosis	3
ADT-632	Research and Thesis	3
ADT-649	Advanced Seminar in Art Therapy I	3
ADT-688	Family Art Therapy	3
<b>Credits</b>		<b>15</b>
<b>Semester 6</b>		
ADT-663	Professional Ethics and Clinical Supervision	3
ADT-700	Thesis In Progress	0
<b>Credits</b>		<b>3</b>
<b>Semester 7</b>		
ADT-664	Professional Identity and Clinical Supervision	2
ADT-700	Thesis In Progress	0
<b>Credits</b>		<b>2</b>
<b>Semester 8</b>		
ADT-646	Group Creative Arts Therapy II	3
ADT-650	Advanced Seminar in Art Therapy II	3
ADT-643	Expressive Modalities I	3
<b>Credits</b>		<b>9</b>
<b>Total Credits</b>		<b>60</b>

\*ADT-645P Open Art Studio

- Students will be able to identify and utilize their own internal processes in service of therapeutic interventions.
- Students will comprehend and apply creative and aesthetic processes in the context of creative arts therapy theory and practice.
- Students will be able to establish a therapeutic relationship using imagery, movement, symbolization, and verbalization; and recognize shifts within that developing relationship.
- Students will be able to demonstrate knowledge of psychodynamic theory within the context of creative arts therapy practice in the service of diagnosis, treatment, and ongoing evaluation.
- Students will be able to articulate clinical theory and applied practice through writing, research, oral presentation, and professional advocacy across broad interdisciplinary communities.
- Students will be able to apply ethical and professional codes of practice as they apply to clinical practices, communities, and self.

- Students will be able to understand the intersectionality of power, privilege, and oppression as they apply to clinical practices, communities and self.